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FROM THE EDITOR

by Gregory Brown

My wife, Alicia, and I recently returned from a spectacular experience at TMI: Timelines. As always, it felt like returning home to such a welcoming place. A week always seems so short and so magical.

Although I found a lot of material in Focus 15, and the wonderful interaction with fellow journeyers into consciousness, I wanted to share my thoughts about a foundation that TMI has created which ensures the experience we all cherish from the time we arrive to time we leave.

In short, an amazing group of facilitators. As a mental health professional, I've had the opportunity to see groups run by various facilitators in a range of settings from general community support groups to inpatient acute setting groups, the latter of which sometimes can barely sustain group process. Other systems of psycho-spiritual experience also tend to have groups which often insist upon sharing experiences. But TMI has, in my opinion, one of the best balances between support and silence, personal space and community, wisdom and humor.

And all of this is the result of the training and philosophy of both TMI and of the instructors who have honed their experience through the years. This model that Bob started of "Try it and found out," promotes the personal responsibility for self growth and exploration. But always with the knowledge that a group of deeply dedicated folks are available at an instant's notice if things go beyond a comfort zone.

I wanted to share this brief word of thanks to everyone at TMI who has helped all of us in our journeys.